

A cheerful cartoon character, resembling a blue mouse or bear, is dressed for winter. It wears a blue hat with white snowflake patterns, large blue goggles, and a wide smile showing red lips and white teeth. The character is holding two blue skis vertically in its hands and two orange ski poles. It stands on a snowy slope under a bright yellow sun and a clear blue sky. In the background, there are snow-covered trees and a white snowball floating in the air.

**Las frutas tienen muchas  
vitaminas que nos mantendrán  
fuertes y sanos todo el invierno.  
Yo tomo 3 piezas de fruta al día,  
¿y tú?**